

# Steps to Creating a Blog

1. Go to [blogger.com](http://blogger.com)
2.
  - a. This is what the page will look like.
3. Enter your Gmail account email and password.
4. Once the information is entered, click Sign In.
5. If you would like, you can check the stay “Stay signed in button” that will automatically sign you into your Gmail account. This is optional.
6. Next you must confirm you profile.

One account. All of Google.

Sign in to continue to Blogger

Email

Password

Sign in

Stay signed in [Need help?](#)

[Create an account](#)

One Google Account for everything Google

7. For this intervention we will be using the basic profile called “Create a limited Blogger profile”. Do this by clicking this button.

Profile Options

Google+ Profile

Blogger Profile

Or

Create a Google+ profile

Create a limited Blogger profile

Email Notification

Feature announcements

Send me feature announcements, advice, and other information to help me get the most out of my blog 🗨️

Continue to Blogger

8. If you would like to get email notifications about featured announcements check the square.
  - a. NOTE: This is optional not required.
9. Another part to confirm your profile is to pick a blogger profile or display name. This is not the title of your blog but the name you will be seen as on [blogger.com](http://blogger.com). Enter the name (See next page).

### Confirm Your Profile

The profile that readers will see when they view your posts is shown below. Using a Google+ Profile gives you an identity on Google properties and connects you with your readers, allowing them to share and recommend your content on the web and on Google+. If you want to use another identity such as a pseudonym, you may choose a limited Blogger Profile instead. [More information about profiles on Blogger.](#)

You will be seen as...

**Blogger profile**

Display Name

Share your posts with the world of Google+. [Upgrade to a Google+ profile](#)

### Email Notification

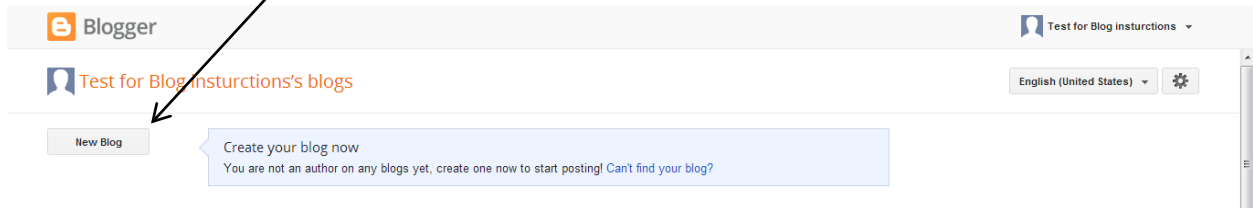
Feature announcements  Send me feature announcements, advice, and other information to help me get the most out of my blog. [?](#)

[Continue to Blogger](#)

(See step 9)

10. After you have decided on the Display name, click “Continue to Blogger”.

11. Congratulations you are almost done! Now you just need to create an actual blog by clicking “New Blog”



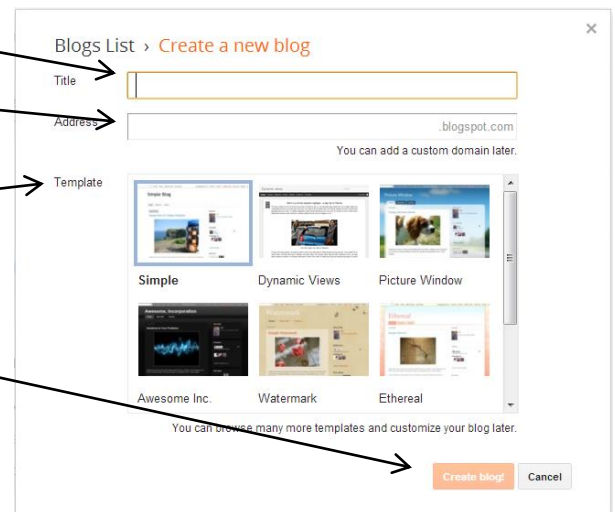
12. This box will pop up on your page.

13. Create a title for your blog.

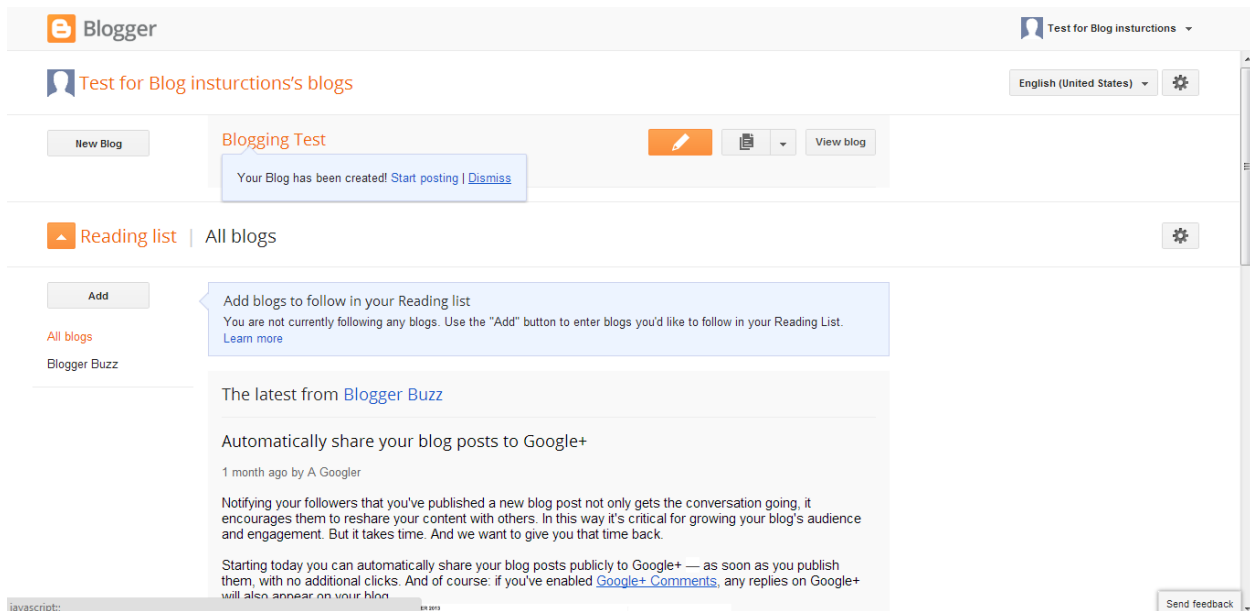
14. Decide on the URL/Address for your particular blog. You might want to write this down so you remember.

15. You also get to pick a template.

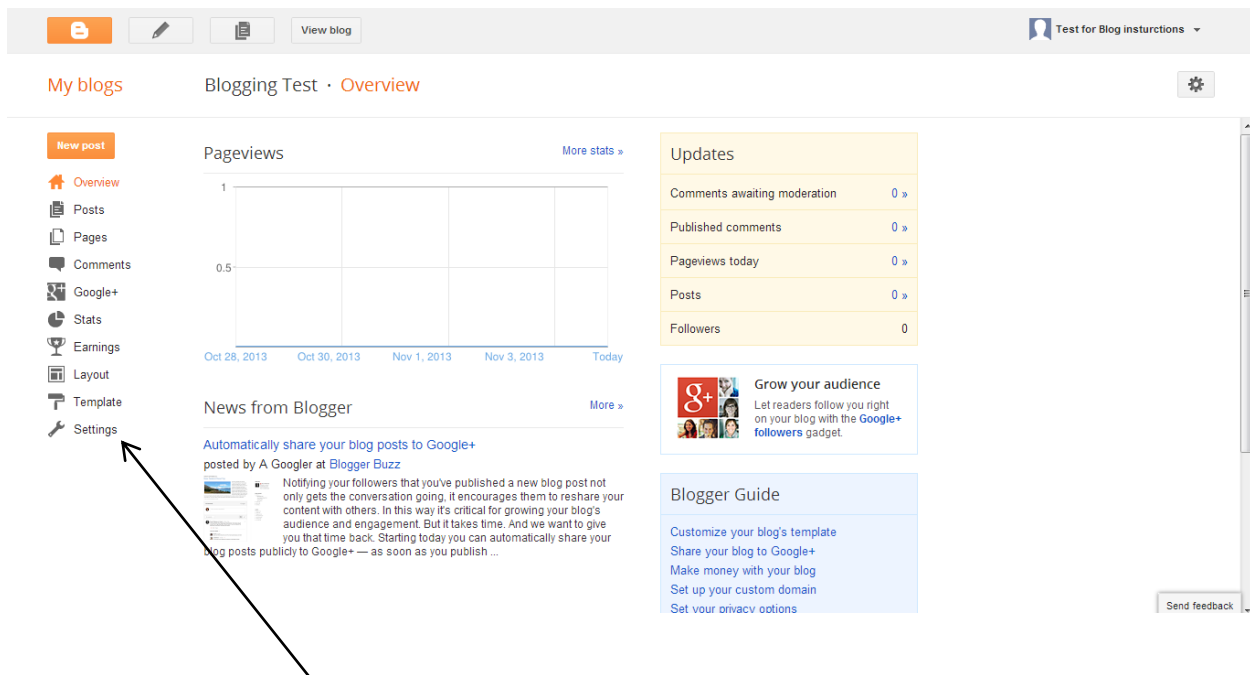
16. Once you have created a title, address and pick a template click “Create blog!”



17. Once you hit create blog it will take you back to this page with your new blog added (See next page).



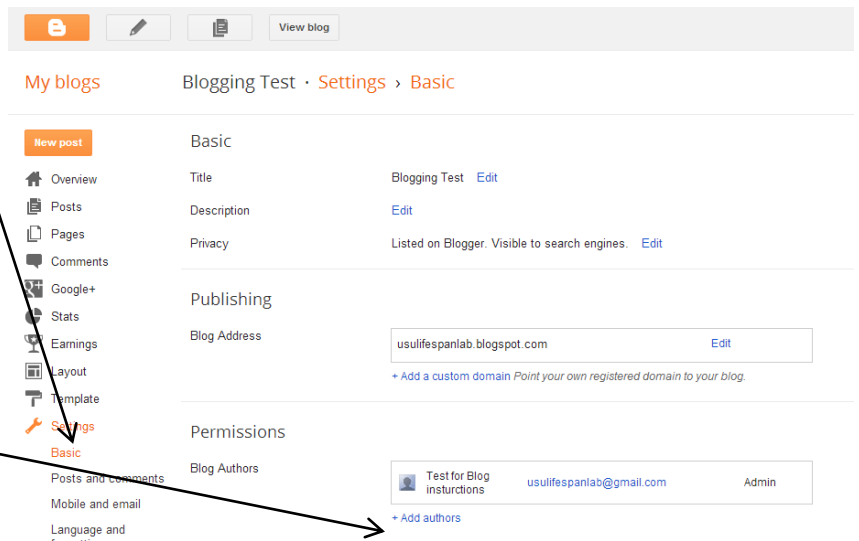
18. If you click on your blog it will take you to your home page for that blog which looks like this...



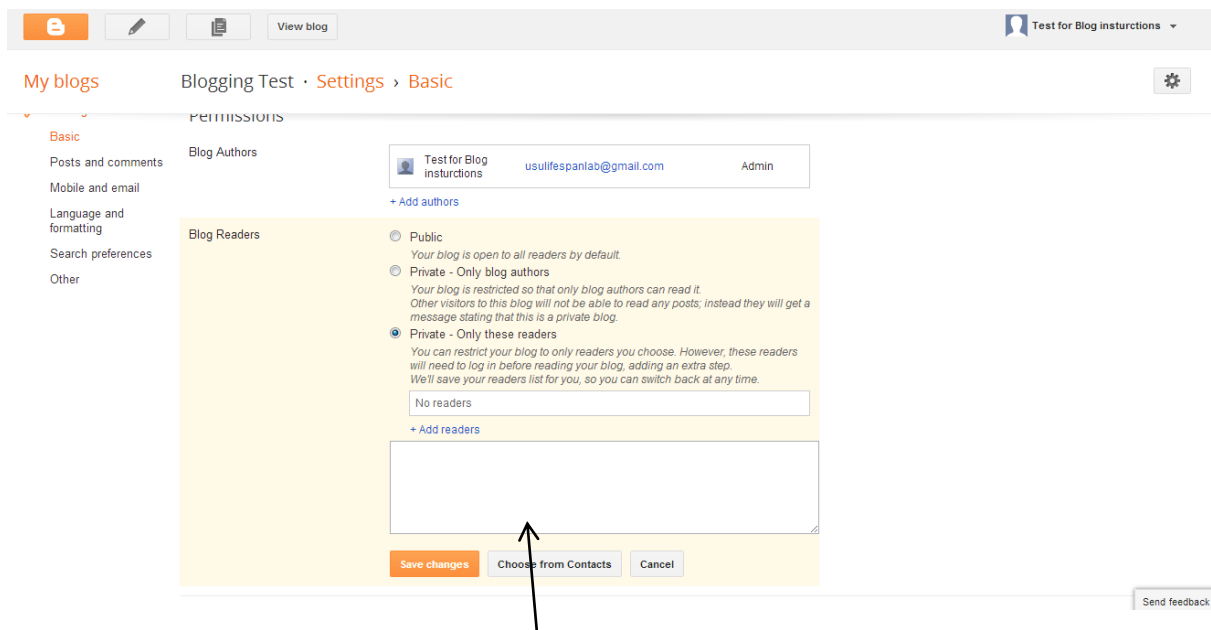
19. One last step before you can start and that is having two authors so you both can post at the same time. While on your blogs homepage click on settings.

20. Once you have clicked on the settings tab make sure you have selected the “Basic”.

21. Under permission you are able to add additional authors. Do this by clicking “Add authors” and insert the email address of your Grandparent or Grandchild.



22. Are you worried about the privacy of your blog? No need to worry. In the settings basic which you are in click on “Blog Readers”. It will look like the screen on the next page.



23. You can then pick if you want the blog public, private – only blog authors, or private – only these readers. We would recommend doing the private setting private – only these readers. Click on add readers and add the email: [usulifespanlab@gmail.com](mailto:usulifespanlab@gmail.com) so that we can view what you are posting.